



## PHOTOS AND VIDEOS

### PHOTOS:

Posture: *hair tied back*- full body- front, side and back, close-up profile photo

Face: one at rest, one with smiling

Biting together: front, left, right and tilted up head to show the overjet - include the chin to forehead

Open Mouth: Maxillary and Mandibular arches separately; Lift tongue to show the floor of the mouth and also the frenum and tip of tongue

### VIDEOS:

1.) Repeat these sentences:

Susie eats Sausage and Rice

She sailed the seven seas

Marvin has a red car

The red rolling fire truck wrecked hard

Lick a lemon

Little Lori loves lollipops

Zach shuns Jell-O on the choo-choo

Then recite the ABC's

2) Tongue excursions:

Open mouth and touch tongue to chin, then to nose

Point your tongue - center, left, right

Touch mid mouth without closing jaw

Taco tongue

Bowl or cup the tongue

Roll tongue over, side to side

Suction tongue to maxilla

Touch both maxillary second molars at the same time (elevate and retract at same time)

Say ah - capture the back of the throat, soft palate and the tonsils

## EXTRAORAL

PAIN SYMPTOMS: 0 - 5 with five being greatest and zero being none

Forehead –

Right/left temples –

Above ears -

Behind eyes -

Mask around eyes -

Nasal, maxillary sinus -

Right/left masseter -

Suprahyoids/digastric

Lateral pterygoids (intraoral) at zygomatic process –

Ramus (intraoral) -

Head (top, back) -

Neck -

SCM/scalenes-

Arm or Hand (right, left) -

Back: low/mid/upper –

Leg or foot (right, left) –

## INSTRUMENTS NEEDED TO MEASURE:

1. Millimeter ruler

2. Probe

3. Boley gauge or paper Range of Motion indicator (Great Lakes ortho site or Dental Rulers site)

4. Cosmetic line ruler (Mew indicator ruler is available on John Mew's site under products for dentists. Alternatively print and cut your own out of card stock at

[http://facefocused.com/why-face-](http://facefocused.com/why-face-focused/diagnose-your-facial-balance-2/)

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## LIPS

Upper lip length \_\_\_\_\_mm, philtrum (edge of nasal nares to vermilion border)

Lower lip length \_\_\_\_\_mm, (wet line to vermilion border)

Lip ties:

Class 1 - in muco-gingival fold

Class 2 - at free and attached gingiva line  
Class 3 - near the level of the CEJ or closer to papilla

Class 4 - attached to the incisive papilla

Maxillary lip Class \_\_\_\_\_  
Mandibular lip Class \_\_\_\_\_

**DENTAL FREEWAY SPACE:**

Mandibular rest position: Lips parted  
\_\_\_\_\_mm  
Inter labial distance \_\_\_\_\_mm  
Mandibular rest position - lips approximated:  
\_\_\_\_\_mm Habitual Occlusal position:  
\_\_\_\_\_mm

**INTRAORAL**

**TONGUE - frenulum inspection**

Take measurements from superior right or left incisive to the inferior right or left incisive. Consider the same tooth for all the measurements: Value in millimeters. TOS stands for "Tongue on Spot"/incisive papilla

Full Opening \_\_\_\_\_mm  
TOS Opening \_\_\_\_\_mm  
Suctioned Opening \_\_\_\_\_mm  
Attachment of lingual frenum from tip (relaxed tongue) \_\_\_\_\_mm

Attached at alveolar ridge or floor of mouth?

\_\_\_\_\_  
Lift of tongue with fingers under ventral surface  
\_\_\_\_\_cm

Cosmetic Line \_\_\_\_\_mm (Mew indicator ruler is available from Karen O'Rourke at [www.wmiorthotropics.com](http://www.wmiorthotropics.com). Alternatively print and cut your own out of cad stock at <http://facefocused.com/why-face-focused/diagnose-your-facial-balance-2/>)

Open bite \_\_\_\_\_mm teeth \_\_\_\_\_

Cross- bite \_\_\_\_\_no \_\_\_\_\_yes: teeth involved

Diastema: \_\_\_\_\_mm; between tooth#:  
\_\_\_\_\_

Over jet \_\_\_\_\_mm

Class \_\_\_\_\_

Cuspid to Cuspid (tips) width \_\_\_\_\_mm,

Molar to molar ( D pit) width \_\_\_\_\_mm.

Malampati score:

Tonsil grade:

**TMJ**

Mandibular lateralization \_\_\_\_\_mm

Deviation \_\_\_\_\_no \_\_\_\_\_yes, Describe:

Crepitis/popping/clicking? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Pain? \_\_\_\_\_ Type \_\_\_\_\_

PATIENT NAME:

COMMENTS:

Signature: \_\_\_\_\_