



MEDICAL AND DENTAL HISTORY

For

Name: _____ Birth Date: _____

Although Myofunctional Therapists primarily treat the area in and around your mouth, your mouth is a part of your entire body. Health problems that you may have, or medication that you may be taking, could have an important interrelationship with the therapy you will receive. Thank you for answering the following questions.

Are you under a physician's care now? ___Yes ___No If yes, please explain: _____

Have you ever had a serious head or neck injury? ___Yes ___No If yes, please explain: _____

Are you taking any medication, vitamins or herbs? ___Yes ___No If yes, please list: _____

Past Medical History

Preventive Care

Major Events: Please list year

Ongoing Medical Problems:

Allergies

___Aspirin ___Penicillin ___Codeine ___Acrylic ___Metal ___Latex ___Other (please list)

Food Allergies: _____

Environmental Allergies _____

Have you had Testing? _____ With whom? _____ Shots? _____

Developmental History

Birth _____ Complications _____

Infant feeding method/how long _____

Type of nipple used on bottle/pacifier _____

How long for pacifier/thumb sucking _____

Use of sippy cup/how long _____

Crawl/Walk/Talk Milestones _____

Prior speech therapy ___no ___yes With whom? _____

How long? _____ Describe _____

Social History

Smoking _____ Alcohol _____ Controlled substances _____
Activities involved with _____
Musical Instruments played _____
Comments:

Pain Symptoms

Area: _____ Frequency: _____
Jaw clenching or grinding? Night or Day? _____ Do you wear a mouth guard? _____
Past treatment sought for pain?

Nutrition History: Please list specific foods

Food likes _____

Food Dislikes _____

Pop ____x/week Candy ____x/week High sweet intake? __ yes __no
Finicky eater? ____yes ____no
Limited Fruits/vegetables? _____
Comments:

Orthodontic History

Orthodontist name: _____
Current appliance: _____ Upper/lower Braces _____
Palatal Expansion _____ Head/Neck gear _____ Elastics _____ Functional - Type: _____
Appliances: _____ Retainers _____ Positioners _____ Orthotic _____ Relapse _____ Years Rx.
Comments:

Concerns: __ Thumb/Finger Habit __ Tongue Thrust __ Speech concern __ TMJ concern __ Relapse __ In Braces
Comments:

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my (or patient’s) health. It is my responsibility to inform Nebraska Myofunctional Specialties of any changes in medical and dental status.

Signature of Patient, Parent, or Guardian _____ Date _____